

# Editorial

Dr. S. Selvaratnam

Eagan Journal of Contemporary Research (EJCR) is a result of our intention to make study publications accessible to all Sri Lankan scholars. Through EJCR, we help disseminate knowledge through peer-reviewed research about public health, education, and psychology.

In this issue, for education, we have focused on the contemporary topic of testing learner retention, and quality standards for curriculum development and instruction. It is also worth noticing that all education research on this issue aligns with pedagogy. The only exception is the education policy paper on visa laws in the United States for foreign students. Through the policy paper, we plan on raising awareness about writing great policy analyses in the future. In some sense, the publication of education research is a milestone achievement of Deep Haven Counseling (DHC) as some of our interns and diploma students took part in co-authoring research manuscripts. We admire their commitment to research and help spread much-needed literature on contemporary problems in our society.

Similarly, in addressing psychology, our biggest achievement in this issue is writing a review paper on hypnotherapy. This paper is unique as it combines 3rd wave behavioral therapies in its review process to guide psychotherapists on methods to combine cognitive-behavioral strategies in hypnotherapy. Through this, DHC plans to encourage clinicians to consider the possibilities of utilizing hypnotherapy to promote relaxation and pain alleviation in their daily practice.

Furthermore, this first issue also showcases public health research where one paper addresses the prevalence of road traffic-related ENT injuries while another paper addresses specific factors associated with drug treatment clients in Afghanistan. Although our first issue has two papers on public health, I am sure the establishment of EJCR will guide more scholars in public health to consider publishing their research with us.

With that being said, I am glad that we have received research locally from Sri Lanka and also internationally representing the United States and Afghanistan. I would like to thank all the international researchers for considering EJCR.

As an open-access peer-reviewed journal, we are committed to serving our community, and in doing that, our reviewers and editors have rendered us immense support. Thus, my sincere gratitude goes to them for making our first issue a great success.

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